

Day 15 | January 27: Jesus is Building His Church

READ: Matthew 16:13-19

MEDITATE: Jesus led his disciples to this place to ask them who they believed He was. Peter's response was, "You are the Christ (Messiah), the Son of the living God." Who is Jesus Christ to you? Reflect on that. Consider what the Bible tells us about him. Share those truths with others.

PRAY: Holy Spirit, continue to reveal to me more of yourself. Help me to apply biblical truths and revelations in my life. Grant me opportunities to share with others who Jesus is in my life so that you will be glorified.

Day 16 | January 28: What Happens When the Church Prays

READ: Acts 12:1-17

MEDITATE: God does miraculous things when His people (His church) are united in prayer. What is something that you can pray for that would benefit the "church" as a whole? Ask God for that. Also, ask God to show you ways He is moving through North and how you can be a part of it as well.

PRAY: From setting Peter free from prison to the beginning of the Great Awakening, throughout history you have responded to your people's united prayers. Awaken my soul to what you are doing in and through Mount Paran North. Help me to pray and serve as part of the larger body of Christ.

Day 17 | January 29: The Light of the World

READ: John 8:12; Matthew 5:14-16

MEDITATE: Are there things in your life keeping you from shining as brightly as you should? Do you find it intimidating to let your light shine in certain situations? Allow God to cleanse you so that you may burn bright with His light. Be bold, step out in faith, and watch God do the supernatural through you!

PRAY: God, remove anything that would keep me from burning brightly. Give me boldness to share the Gospel. Lead me to the dark places that need your light and shine through me!

Day 18 | January 30: The Harvest is Now

READ: John 4:27-39

MEDITATE: God wants to nourish us today. Not on physical food, but on His spiritual food through prayer, fasting, and his word. Be aware of what he has for you today. Take and eat it for it will strengthen your soul.

PRAY: Heavenly Father, as Jesus met with the woman at the well, I believe you are going to meet me where I am today. And as I meet with you, may I feast on the spiritual food you have for me. Feed me and nourish my soul with your word so that I may be full. Out of my fullness, may I share with others.

Day 19 | January 31: Boldness to Witness

READ: Acts 4:29-31

MEDITATE: You've spent three weeks seeking God, intentionally giving up things, and trying to get in the flow of what He is doing. God gave Ezekiel a vision of experiencing Him deeper and deeper. While people have different levels of experience with the Lord, He wants to do miracles and healings, and to bring the dead things back to life. Do you want to experience that too?

PRAY: Lord, I thank you for how you have revealed more of yourself to me. I ask for you to reveal more of yourself to others through miracles, healings, revival, and more. I ask you to bring dead things back to life and do things in my life that are bigger than myself. May your presence flow through me so that I may impact others for your kingdom.

Day 20 | February 1: Heaven Come

READ: Ezekiel 47:1-12

MEDITATE: This season of prayer and fasting is coming to an end, but God's work in our lives has only just begun! Avoid the temptation to return to "business as usual." God wants to take us further and deeper than ever before.

PRAY: I praise you, Lord, for the work you have done in my life these past few weeks, but I desire to go even deeper! Continue to transform my life. And may your will be done here on earth as it is in heaven.

Day 21 | February 2: SELAH

PAUSE: Take time to reflect on where God has brought you over the past three weeks.

REVIVAL NIGHTS AT NORTH

Come expecting a mighty move from God through our Revival Nights at North! Services start Sunday, February 2, at 6pm in the Worship Center and continue Monday through Wednesday, February 3-5, at 7pm. Kids ministry provided each night for infants through 5th grade.

SPOTIFY PLAYLIST

Enjoy a selection of worship songs curated by our Worship Ministry Team to encourage and inspire you throughout these 21 days and beyond! Scan the QR code below to access the playlist.



21 DAYS OF
Prayer
AND FASTING

21 DAYS OF
PRAYER & FASTING

HERE AS IN *Heaven*

MOUNT PARAN NORTH  

HERE AS IN HEAVEN • DEVOTIONAL GUIDE

From Monday, January 13, through Sunday, February 2, we invite you to participate in a 21-day corporate fast with Mount Paran North. Each day we will provide a short devotional video prepared by our staff. This devotional guide has been designed to accompany each video by providing scripture references, thoughts for reflection, and a prayer guide.

DEVOTIONAL VIDEOS

Starting January 13, devotional videos will be available at 4am on the North app, and at 7am on Facebook, YouTube, and website at mountparannorth.com/21days.

AUDIO PODCAST

In addition to video format, each devotional will be published as an audio podcast available on a variety of platforms including Apple Podcasts, Spotify, iHeart Radio, Podbean, and Pandora.

NORTH APP

Receive a daily notification and devotional through our North app, available for iOS and Android.



MORE INFORMATION

Scan the QR code for links to the 21 Days website, podcast, North app, and more.



MOUNT PARAN NORTH | 1700 Allgood Road · Marietta, GA 30062

Day 1 | January 13: Here as in Heaven

READ: Matthew 6:5-13; Revelation 21:4

MEDITATE: As we begin these 21 days of prayer and fasting, may we relationally approach God during our time with Him. Whether reading the Bible, praying, or fasting, let us allow God to search our hearts and minds. May we not be like the hypocrites and pagans, but rather authentic and honest with Him.

PRAY: Heavenly Father, I ask for your Holy Spirit to show me the true motives of my heart and mind. May I seek you and what you want for my life. I pray that I allow your will to be done in my life "as it is in Heaven".

Day 2 | January 14: How to Fast for Revelation

READ: Proverbs 29:18; John 14:26; 16:13-14; Proverbs 25:2; Ephesians 1:16-17

MEDITATE: God wants to speak to us. What are some things you need God to reveal to you over these 21 days? Write those things down and commit them to the Lord. And then be expectant for God to speak.

PRAY: God, I desire to hear from you and to know you better. Help me to clear my mind and thoughts so that I may hear your voice and learn from you.

Day 3 | January 15: Designed for Answered Prayer

READ: John 14:13-14; 15:16; 12:23-24; 1 John 5:14-15; Matthew 7:7-8

MEDITATE: Have you grown weary waiting for an answer to prayer? Don't give up! Be persistent. Trust God's plan.

PRAY: Lord, may I be persistent in my prayers, never giving up. Help me to place my trust in you, knowing that your timing is perfect.

Day 4 | January 16: How to Fast for Peace

READ: John 14:27; Philippians 4:6-9

MEDITATE: True peace is a gift that only comes from God. The world cannot give it to us, but we can experience it through the presence of the Holy Spirit, our Advocate and Helper. Ask the Holy Spirit to be present in your life and reveal His presence to you for with it he brings peace.

PRAY: Holy Spirit, is there something causing me stress or anxiety today? If so, please show them to me. Help me to give those things to you, grant me your peace instead, and help me to experience you, God the Father, and the Son (Jesus Christ). I thank you in advance for the peace you will bring to my heart and mind today.

HERE AS IN
Heaven

Day 5 | January 17: Fasting and the Power of Praise

READ: Isaiah 42:10, 12-13

MEDITATE: It is easy for us to focus on things from our circumstances, feelings, and perspectives. However, praising God changes the way we view and think about things. It causes us to look up to Him and to trust Jesus just like Simon Peter did.

PRAY: Lord, please help me to sing a "new song" to you today. May I lift my eyes, look to you, and glorify you with praise. In doing that, I know I will experience your presence and power in my life through my fasting and praise.

Day 6 | January 18: The Power of a Pause

READ: Psalm 67

MEDITATE: When was the last time you sat still and did nothing but think about who God is? Often the assurance we need is found in remembering what God has already done.

PRAY: In the frantic, fast pace of life, help me to slow down and calm my thoughts. Help me to meditate on your word and reflect on your many blessings; to be still and know you are God.

Day 7 | January 19: SELAH

PAUSE: Take time to reflect on where God has brought you this past week.

Day 8 | January 20: The Right Kind of Fast

READ: Isaiah 58:1-9

MEDITATE: The Israelites claimed to desire God's ways but fell short in doing what He had already asked them to do. The right way to approach the Lord is to humbly serve others. And when we do, the Lord promises to hear our "cry for help" and be present for us.

PRAY: Heavenly Father, please show me ways I've been disobedient to you. Whether it is something I failed to do OR something wrong that I did, please show me that I might confess and turn from it. Help me to see and serve others with humility and love; for in those moments, I know I will find you near me.

Day 9 | January 21: Keep the Fire Burning

READ: Leviticus 6:9, 13

MEDITATE: Just as God gave the priests instructions, remind yourself that your commitment is to God, not man. Ask God to show you things that may tempt you to break your fast and help you remove them from your life. Ask the Holy Spirit to keep the "fire burning" as you set aside time to fast and pray today.

PRAY: Lord, I acknowledge there may be things that are making it hard to keep my prayer and fasting commitment. I recommit to you (not to myself or to others) that I will continue. I know that I can't keep the fire burning through my own efforts. So, Holy Spirit, please keep the fires burning in the time I spend with you today. In Jesus' name I pray. Amen.

Day 10 | January 22: Who is My Neighbor?

READ: Luke 10:25-37

MEDITATE: We all have misconceptions we need God to turn upside down. Fasting opens our spiritual eyes to see things from His perspective and help us better understand the heart of God.

PRAY: God, may my motivation for this time of prayer and fasting be to draw closer to you. Give me a fresh perspective. Open my eyes to see those around me as you see them.

Day 11 | January 23: The Power of Encouragement

READ: 1 Thessalonians 5:11; Proverbs 12:25

MEDITATE: There are people all around us who need encouragement but often we are oblivious. Before you head out for the day, ask God to make you more aware of those who need a word of encouragement and to provide the words they need to hear.

PRAY: Holy Spirit, lead me to someone who needs encouragement today. Give me the words to say that will bring deep life change to them. Help me to be encouraged in my own life by spending time in God's word and listening to your voice.

Day 12 | January 24: Fasting Brings Favor

READ: Nehemiah 1:3-11, 2:8

MEDITATE: Commit to fasting and prayer – not to force God's hand but to demonstrate your love and devotion to Him. God wants the best for his children. No matter what situation you may be facing, God can turn it around by imparting his favor on your life.

PRAY: Heavenly Father, no matter what the situation, I choose to serve you. May this time of prayer and fasting be a demonstration of my love and devotion to you.

Day 13 | January 25: The Weapon of Waiting

READ: Psalm 62:1-8

MEDITATE: Biblically speaking, waiting is never a waste of time. Times of waiting become times of resting while God works on our behalf. Trust God even when you don't see him working.

PRAY: During times of waiting, help me to turn my focus from my situation to You, Lord. You are my Rock and my Fortress. I rest in the assurance that you are working on my behalf.

Day 14 | January 26: SELAH

PAUSE: Take time to reflect on where God has brought you this past week.