



UNPACKING CHRISTMAS: Letting Go of Distractions

December 22, 2024 | Pastor Kirk Walters

Mount Paran North

³⁸ As Jesus and the disciples continued on their way to Jerusalem, they came to a certain village where a woman named Martha welcomed him into her home. ³⁹ Her sister, Mary, sat at the Lord's feet, listening to what he taught. ⁴⁰ But Martha was distracted by the big dinner she was preparing. She came to Jesus and said, "Lord, doesn't it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me." ⁴¹ But the Lord said to her, "My dear Martha, you are worried and upset over all these details! ⁴² There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her."

Luke 10:38-42 NLT

What Causes Distractions?

1. Worrying about what needs to be done.

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Luke 10:38-40a NLT

2. Worrying about what other people are doing.

She came to Jesus and said, "Lord, doesn't it seem unfair to you that my sister just sits here while I do all the work? Tell her to come and help me."

Luke 10:40b NLT

How to Live with Purpose

⁴¹ But the Lord said to her, "My dear Martha, you are worried and upset over all these details!
⁴² There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her."

Luke 10:41-42 NLT

1. Discover What Is Truly Important
2. Diminish Distractions
3. Discern the Voice of God