



ASKING FOR A FRIEND: Mental Health

July 23, 2023 | Pastor Kirk Walters

Mount Paran North

May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.

1 Thessalonians 5:23 NIV

1. God Is Present in This Struggle

⁷ Where can I go from Your Spirit? Or where can I flee from Your presence? ⁸ If I ascend to heaven, You are there; If I make my bed in Sheol, behold, You are there.

⁹ If I take up the wings of the dawn, If I dwell in the remotest part of the sea, ¹⁰ Even there Your hand will lead me, And Your right hand will take hold of me.

¹¹ If I say, "Surely the darkness will overwhelm me, And the light around me will be night,"

¹² Even darkness is not dark to You, And the night is as bright as the day.

Darkness and light are alike to You.

Psalms 139:7-12 NASB

⁸ Three different times I begged the Lord to take it away. ⁹ Each time he said, "My grace is all you need. My power works best in weakness." So now I am glad to boast about my weaknesses, so that the power of Christ can work through me.

2 Corinthians 12:8-9 NLT

2. God Works Through Miracles and Medicine

Isaiah had said to Hezekiah's servants, "Make an ointment from figs and spread it over the boil, and Hezekiah will recover."

Isaiah 38:21 NLT

3. God's Calling for Your Life Has Not Been Lost

For the gifts and the calling of God are irrevocable [for He does not withdraw what He has given, nor does He change His mind about those to whom He gives His grace or to whom He sends His call].

Romans 11:29 AMP